

# BARMOUTH



## Newsletter



*Spring 2011*

---

### SPRING HAS SPRUNG, THE GRASS IS RIZ .....

**Hurrah! Spring has arrived after a cold and snowy winter. It's much earlier than last year, we are told, following the recent trend for early springs.**

We saw snowdrops and frogspawn on our February walk and now, after a cold start to the year, hawthorns are bursting into leaf and blackthorns flowering. My garden is full of daffodils, tulips, grape hyacinths and forget-me-knots. Everything is rushing forward now, desperate to become active, including me! And, thank goodness, the clocks have also sprung forward giving us that extra hour's daylight to enjoy it all.

**Let's hope the coming months with Barmouth U3A continue to look exciting. Evelyn has had lots of interest in her new Music Appreciation group and if anyone has any ideas for new groups they would like to see formed – just let us know.**

We would love to have more contributions from members. If you have any early memories you would like to share – just send them to me. For instance, on our very first U3A walk I remember being fascinated by Rachel's story of her experiences as an evacuee. I would love to hear more. Don't worry about spelling or punctuation – we can sort that out. My contact details are on page 6.

Editor

## CHAIRLADY'S REPORT

*A message from Evelyn Richardson*

***Hello everyone***, I hope you are all surfacing after what seems to have been a long and gloomy winter and, like the plants and spring flowers, are bursting into new growth with vigour and enthusiasm. It's great to have longer evenings and wonderful sunsets, let's anticipate a beautiful summer. Well, we all can dream!

I have been asked to draw your attention to the League of Friends of Dolgellau and District Hospital. As you probably know, this hospital serves the towns and villages of this area and is an important resource of its inhabitants. Most of the towns and villages have small local fund raising groups to provide materials for the comfort and care of people whilst they are receiving treatment at Dolgellau. If you have ever been an inpatient and lain on a special mattress it is highly likely that it has been funded by the League of Friends. We have recently funded equipment which enables the Ear Nose and Throat clinic to function at Dolgellau, so saving a long trip to one of the bigger hospitals. We also fund Aromatherapy for inpatients, a popular and helpful adjunct to conventional treatments. Other materials and patient aids are too numerous to mention here but anyone interested could ask me and I will supply them with a list.

Why am I telling you all this? Well, until recently Barmouth had an active fund-raising group but, for reasons unknown to me, it no longer exists. Is there anyone out there in the U3A membership who could resurrect the Barmouth Branch?

Here in Fairbourne we have an active group, last year raising £2,500. That is a large amount, but any amount is helpful. The local group decides how it wishes to fund raise, no targets are set. All you need is a small group of enthusiastic people to join together to get it going and to arrange a few fund-raising events. The League of Friends for the whole area meets a few times over the year and each local group can send delegates to this meeting. Any further information regarding the League of Friends and its work can be obtained from me or I can put you in touch with others who could provide more information about setting up a Barmouth group.

The "Big Society" is functioning and active in this area. We don't need politicians to tell us to support our local services! Anyone willing to have a go? Go on, join the ranks of that much maligned group, the "do-gooders" (I think that it's better than being a "do nothings"!)

Right! I'm off my soapbox now, you will be glad to read. I hope this stirs someone into action.



## BOOK READING

From: Rachel Cleaver, Book-reading Group co-ordinator

As usual, we have read three very contrasting styles of books during the first quarter of 2011.

In January we read *A Village Affair*, by **Joanna Trollope**:

A respectably married woman, mother of three children, scandalised the sedate village to which she and her family had recently moved by having a lesbian affair with the daughter of the local Lord of the Manor. Inevitably, it ended badly for all concerned.

Our February book was *A Fatal Inversion*, by **Barbara Vine** (a pseudonym of Ruth Rendell):

Set initially in 1976, it tells the story of a group of students camping out in Wyvis Hall, a property left to Adam, one of the group, by an eccentric uncle (much to the disgust of Adam's father). The story goes forward in time with flashbacks to the happenings of 1976. A 'whodunit?' with a very surprising twist in the tale.

In March we discussed *The Elegance of the Hedgehog* by **Muriel Barbery**:

Translated from the French, the story centres around Renée, a concierge of a grand Parisian Apartment block on the Left Bank. To the inhabitants, she appears as totally nondescript, just there to carry out their requests. However, beneath her conventional facade, she is passionate about culture and the arts. In one of the apartments lives 12-year-old Paloma, a child old beyond her years. The eventual meeting of these two characters changes the child's views and plans for life. The arrival of a new tenant changes Renée's!

## BARMOUTH U3A MONTHLY GATHERINGS.

### *February Gathering*

From Sylvia Vannelli

Valerie Land's talk to the monthly gathering in February was packed with fascinating nuggets of information and insights into the world of watercolour and multi-media painting. She spoke

in her usual lively fashion, using her own work and personal experiences to illustrate her talk.

She told us that her original 'training' had been in ceramics, an art form treated as inferior at her college. Consequently she was left much to her own devices, avoiding all the 'in vogue' practices then promoted and leaving her free to develop her art in her own way. Perhaps this is why she was able to have the confidence to use things such as wall paper paste in her painting. (It helps in the smooth application of paint across the paper apparently.)

Two series of Valerie's own paintings were used to demonstrate a variety of techniques for creating mood, through the choice of colour, the use of light and shade, proportion and above all perspective.

One of the series of paintings, all of the same size, was based on a single photograph taken of an isolated hut near to her home. Although the hut appeared in each one of the series, in none of them was it presented as an accurate representation. The pictures were not about the hut alone. Differences in brush work, colour, emphasis and other techniques were used to evoke a whole range of moods and to create multiple effects. Valerie talked us through how she had achieved each of the effects, and gave a lot of interesting detail on how the differing emphases on the foreground, middle ground or distance altered the perspective. Valerie pointed out how the use of blues could be used to make an object, or part of the painting, recede and conversely how the use of reds brought things forwards. She talked about the use of tissue paper in laying on paint, the importance of mounting and framing work and the pleasing aesthetic of tall narrow paintings.

If this sounds a densely packed talk- it was. But because of Valerie's great sense of humour and unique style of presentation it was never overwhelming and interest never flagged.

At one point in the presentation we were shown some of Valerie's work which included the sea. A new member of the U3A commented that she had a true understanding of the sea. He said that as a man who had been concerned with the sea during his professional life, he often felt that painters, however well they rendered boats or skies, never really managed to capture the sea because they did not understand how the sea behaved. Valerie thought about this for a moment or two and then said she thought this might be because she had spent so many hours looking at the sea. And she emphasised how crucial this was to being an artist – to look at things at every opportunity, to truly look at what is in front of you.

## March Gathering

*From: Bronwen Dorling*

At the March Monthly Gathering we had the pleasure of the company of Huw Jenkins who described, with accompanying slides, his ancient and beautiful house, Plas y Dduallt or, the House on the Black Hill.

We learned about the dating of the house through dendrochronology, saw the wonderful cruck beams under the roof, marvelled at the family trees tracing previous owners back to Llewellyn Fawr, Prince of Gwynedd.

We also learned a lot about the pleasures and problems of living in such a remote place, including the tons of snow moved by Huw and family over the winter to maintain access, and his love-hate relationship with the two local flocks of mountain goats. Informative and entertaining, this talk was a treasure.

## STROLLERS' GROUP

*From Patricia Percival, Strollers' Group co-ordinator*

### January 2011

After a coffee at Tan y Bryn, we set off for a town walk around Barmouth. Up the steep Gellfechan Road with wonderful views over the town and beach, past the Church and on to Dinas Oleu. We then descended through the Old Town to the harbour. From the harbour we walked the full length of the promenade, finally crossing the railway line and back, making an enjoyable circular walk.

### February 2011

We had a lovely day for our third return visit to Portmeirion: certainly the best weather of a rather wet week. We thought that we had covered most of the Portmeirion grounds during our previous two annual visits, but managed to find new paths in the "Ghost Garden".

Starting from the car park, nine of us walked through the village down to the coastal path where, for most of us, we saw for the first time the tide fully in and the bay looking quite different to previous visits. We then walked through the Ghost Garden to a viewing point, a good place to have a coffee break and feed the robin that came out to see us. We continued through the woods to the Dogs Cemetery, past the lake, over the bridge and back to the village. Finding new picnic tables overlooking the square, we had our lunch. Again a most enjoyable day.

## March 2011

We had ideal weather for our March Strollers walk at Torrent Walk, Dolgellau, which was well supported. Before starting the walk we visited St Mark's Church at Brithdir, a most interesting Church with an unusual beaten copper altar.

The sun shone as we retraced our steps back to the start of Torrent Walk. The recently restored path, originally built by Thomas Payne, follows the river Clywedog through the mainly oak woodland. The lack of leaves on the trees allowed wonderful views of the many waterfalls along the route.

After a short drinks-break at Clywedog Bridge, where a passing motorist stopped to talk and offered to take our group photograph, we took a slight detour to visit the nearby ruins of the Dolgun Iron Furnace. The old iron furnace dating back to the early eighteenth century was built by Abraham Darby, the Quaker from Coalbrookdale.

Back then along the other side of the river, we stopped for our picnic lunch overlooking an impressive waterfall, and then finally back to our cars.

Next we drove the short distance to the newly refurbished Cross Foxes for a welcome drink. As we were all to pass through Dolgellau on the way home, it was decided to stop off and visit the new outdoor gym. Back to our childhood we all had a fun time and used up any remaining excess energy!

## WALKING GROUP – WINTER WALKS

### January walk

*From: David Dorling*

Jean Napier was unable to lead the walking group on 31st January because of a bad foot, so instead David Dorling led the walk that had been planned a month earlier, but had to be altered because of snow and ice.

We did not have snow but did have ice and sunshine. We went up the Arthog waterfalls, and found an ancient beech tree to hug, then over the clapper bridge to the site of a palace of the Dark Ages (which are now called early medieval), past the Arthog stone circle and up to the Cregennan lakes.

The upper lake was completely frozen over, so much time was happily spent skimming stones and, even better, pieces of ice great distances across it.

We returned through Pant Phylip farm, only to find the path blocked by Black Welsh cattle, including a newly acquired bull with a ring through its nose. Fortunately

the farmer appeared, retreat was avoided and we ended the walk with tea and cakes at Tan-y-Daran provide by Bronwen.

### **February walk**

*From: Norma Stockford*

Mary Howell led our walk on the 28<sup>th</sup> February. We met at the car park at the top of Cors-y-Gedol drive and took the path under Moelfre towards Pont Scethin, the packhorse bridge on the old London to Harlech coach route. Mary gave us the chance to shorten the walk here, but we decided that the weather was good (the best day so far this year!) and we were feeling fit enough to continue up the Janet Haigh path and on to Bwlch y Rhiwgr. With great views over Ardudwy and the Lley peninsula, we took the path down to Pont Fadog, which, according to the inscription on the bridge, was built in 1762. Our route then took us past burial chambers and cromlechs and the delightful cottage, Llety Lloegr, (English Lodgings) where the drovers congregated for the drive to London, before arriving back at the car park.

We drove down to Mary's house at the bottom of Cors y Gedol Drive where we pounced on a delicious and varied supply of cakes and tea. Great cakes Mary!

### **March walk**

*From: Norma Stockford*

If you felt there was a compelling sense of familiarity on our March walk, that is because it was nearly the same route taken on our first U3A walk, led by George.

Eight members met at the RSPB Car Park near the toll bridge at Penmaenpool for a circular walk up past the Penmaenucha hotel to the Cader foothills and back along the double walled path. (I recall coming back from this first walk and writing everyone's names down in case I forgot them! Now, three or four years on, I remembered the names, but could barely remember the route!)

It was warm-going uphill and we soon stripped off to tee-shirts in the beautiful spring sunshine. The absence of rain for the past three weeks meant it was dry underfoot (take note Rod – you should have been there!)

On our return we passed with fields of young lambs staying close to their mothers at Tyn Llwyn farm and were privileged to see one very newly-born lamb struggling to get to its feet. Evelyn reminded us that it was 43 years to the very day that she gave birth to her daughter!

Crowded round the table at the Coach House we enjoyed delicious cake and tea afterwards. Thanks George.

## **Scrabber**

John Maitland reports that the Scrabble group meet regularly at Marie Thomas' house at 2 pm every Friday and would welcome other Scrabble players who should ring John on 01341 280 612. They would be happy to arrange to play at other times or places, if the standing arrangement is not convenient for any new players.

## **Family History**

*From: Irene Doody*

**The third Family History group got off to a good start in January - eight people with visits from some of the second group who can't keep away!**

The group meet monthly on a Monday in the Old Library at Harlech. If anyone is interested in joining the group starting next January it will be in Barmouth (if enough folk from that area apply) or in Harlech again, if from this area.

My loyal bone hunters from the first group are still beavering away with the Parish Registers and recording the gravestones at St. Philip's Bontddu.

We meet fortnightly at Marie Thomas's. If anyone is interested in doing this kind of work in the future we will be moving on to another site when we have finished at Bontddu.

**Now pit your wits against the curate's egg head setter.**

**No prize, sorry.**

## **PUZZLE CORNER**

*Answers on page 6*

1. Which song from *Evita* was a number one hit for Julie Covington?
2. The most southerly part of the British mainland lies at the tip of which peninsula?
3. In France, what is a boulangerie?
4. At over 40,000 square miles, what is the largest island in the Caribbean?
5. What nationality was the astronomer Nicolaus Copernicus?
6. In which Shakespeare play is a character told 'Get thee to a nunnery!'?
7. Mach 1 is a term for the speed of what?
8. Which form of cricket was formally introduced in 2003?
9. In what year did the Duke of York marry Sarah Ferguson?
10. New York lies on the estuary of which major river?
11. John Boehner holds which position in the United States Congress?
12. Who was the first man to walk across Niagara Falls on a tightrope?

## *Watercolour class*

Seven or eight devotees still attend the watercolour class. Unfortunately, due to personal commitments, Marion Telford could not continue with her tutoring. Luckily, Valerie Land agreed to step in and the group were introduced to the delights of gouache (a bit more forgiving than watercolour).

Valerie has agreed to tutor the group on a monthly basis and will cover a wide range of art-related topics, including discussing the styles of different artists, their techniques and how they develop their work. She will also be telling us about learning to draw from the right side of the brain. Apparently the right side of the brain is the side that controls our creativity, and learning to use it more efficiently makes drawing become almost intuitive!

In the intervening weeks, the group will meet fortnightly as before, but these will be practice sessions and will be untutored.

## **SINGING FOR FUN**

*From Evelyn Richardson,  
Singing for Fun Group Co-ordinator*

Thankfully the distant cold weather is a memory and we can look forward to a continuation of the so far pleasant Spring. We will be singing songs in its praise at the April meeting on the 20th, with perhaps a weather eye on some of its idiosyncrasies!

Because we now are entirely self-supporting I have had to increase the charges to £2.50 per session in order to cover the room charge and the pianist's fee. Strangely there have been no grumbles about this. We need to have a regular attendance of 17 to be able to pay our way, anything above this number and we will have money to spend on things like music etc. We are a bit down, moneywise, for the last financial year so if anyone wins the lottery!!!!

The session in the theatre was good fun. I felt that singing was easier as the acoustics were better. Thanks Allison for its use. We are varying the repertoire and having a go at some "a cappella" singing which is quite demanding, but worth persevering with.



As far as I can ascertain we are the biggest group in Barmouth U3A. Let's make it even bigger and better. As usual thank you to the regulars who contribute so much to the success of the afternoons we spend in music and mirth. You are an inspiration!



## **BADMINTON GROUP**

*From: Wendy Bramley, Badminton Group co-ordinator*

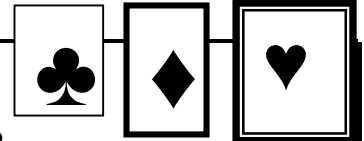
### **What is a calorie?**

Calories are the little things that get into your wardrobe at night and sew your clothes tighter while you're asleep!

### **What is BADMINTON?**

Badminton is a fun thing to do, good exercise, good company, many a laugh along with the game. Our little group enjoy our Fridays, but that doesn't make it exclusive to us few. Come along and join us Friday afternoons 2.00p.m. to 4.00p.m. at the Leisure Centre.

Just think! It could stop those calories sewing up your clothes!!!



## **BRIDGE GROUP**

*From: George Mandow, Bridge Group co-ordinator*

**The Friday Bridge Group are meeting again fortnightly studying 'Defence' – a much neglected, but vital part of bridge.**

The Wednesday players rather pride themselves on the friendly, social nature of their sessions: and rightly so. Christina tells me that ten to fourteen players regularly turn up. However, one of their number, Mike Morrall, rather spoiled the image by going to the Dolgellau Bridge Club and winning their annual individual competition by a very large amount. Well done, Mike.'

### **Writers**

The Writing Group has been enjoying the fortnightly meetings led by either Norma or Evelyn. They have tried various topics to stimulate creativity – using a newspaper headline to influence a story, using dialogue alone, 'showing' not 'telling' and Evelyn's prompt - 'Hats' produced some amusing and varied results. When asked to write a monologue from the view of an artist's model some of the contributions were interesting but unprintable!

The group are going to Hafod Mawddach on the 6<sup>th</sup> May with a selection of readings to entertain the residents and will also be reading at the monthly gathering on 11<sup>th</sup> May.

When Daphne Dix gave a copy of the group's book *Joined up Writing* to a friend who was also a member of the Thame U3A, it set them thinking And they were inspired to produce a similar publication of their own. The result was *Silver Threads*, an amusing collection of anecdotes and poems from their newsletters over the years. How nice to think that Barmouth U3A was their inspiration!

#### **PUZZLE CORNER answers**

1: *Don't Cry For Me Argentina*. 2: The Lizard. 3: A bakery shop. 4: Cuba. 5: Polish. 6: Hamlet. 7: Sound. 8: Twenty 20. 9: 1986. 10: The Hudson. 11: Speaker of the House of Representatives. 12: Charles Blondin.

### **Annual General Meeting**

This year's Annual General Meeting is on Wednesday, May 11<sup>th</sup> at the Dragon Theatre, Barmouth. 1.30pm. As always, the Chairlady will review the past year, and give her vision for the future of the Barmouth U3A. The treasurer will present the accounts for the year ended March 31<sup>st</sup>.

There are vacancies on the Committee, so please nominate yourself (on the form which has been sent to you) or someone else who you think will be able to make a contribution to the U3A.

**ALSO**, we are looking for a Treasurer to keep the accounts and be involved with membership renewal and subscriptions. It is not necessary to be an accountant, but some computer skills are needed and some experience of book keeping would be useful too.

#### **Webmaster**

Peter Butterworth would like to step down from the role of Webmaster – is there another latent IT expert willing to take on the role?

#### **Elected Officers 2010/11**

**Chairlady:** Evelyn Richardson. Tel: 01341 250 628

**Vice Chair:** Rachel Cleaver. Tel: 01341 247 698

**Secretary:** Susan McCulloch. Tel: 01766 780 514

**Treasurer:** George Mandow. Tel: 01341 422 946

#### **Newsletter Editor**

Norma Stockford, 8 Porkington Terrace,  
BARMOUTH, Gwynedd, LL42 1LX

01341 280 742 email: [stockford@btinternet.com](mailto:stockford@btinternet.com)

**The summer newsletter will be published in July. Latest copy: 10<sup>th</sup> June**

## **May Calendar 2011- Details**

### **New Group: Music Appreciation**

Evelyn Richardson, our chairlady, will be starting this new group in style on Saturday evening, May 7<sup>th</sup> at her house in Friog. There is a train from the Harlech direction, arriving in Fairbourne at approximately 7.00pm. Members arriving by train will be picked up at Fairbourne station. On the return journey a train leaves Fairbourne at approximately 10.00pm.

Evelyn writes – we will be looking at a range of music to indentify the tastes of participants. Please bring your choice, if possible on vinyl or CD. I will provide a finger buffet and a glass of wine and ask for a donation of cash to defray expenses. If you are interested in coming please contact me, by email or by phone, so that I can cater accordingly. All U3A members are welcome, but first come first served, as numbers are limited.

### **Book Reading**

The group is back to Rachel's house in May to discuss 'The Help' by Kathryn Stockett.

The book to read in preparation for the June meeting is, 'Major Pettigrew's Last Stand', by Helen Simonson.

### **Lunch**

For the lunch, on Thursday 19<sup>th</sup> May, could you please book with Marie by Wednesday May 11<sup>th</sup> (which is the day of the AGM). After this date Marie will be away and Trish (Patricia Percival) will be your contact person. She and John will be the hosts for the lunch at the coleg.

### **Introduction to Family History**

The May meeting will look at 'Wills and Probate'.

### **Strollers**

Trish and John have sent in the following details for the May Stroll.

We intend to walk through the Forest Garden followed by a river walk near Precipice Walk.

Meet at the Precipice Walk car park (take the road opposite Dogellau library to the Precipice car park on the left) at 10.30am on Tuesday 10<sup>th</sup> May. Please bring a picnic lunch.

## Walking

**Date:** Please note the date, Monday 23<sup>rd</sup> May

**Time:** 10.30am

**Meet:** Llangower car park on Bala Lake

MR: OL23 903 321

**Walk:** Lovely views of the lake from the hills to the south. With Cefyn Gwyn to the left, to Bwych-y-Fedw, then climb over the ridge to Coed-y-Fedw (nice and wet, little path, mini adventure) and back along the Nant Rhyd-wen.

**Distance:** 3 to 4 hours

**How to get there:** turn right off the A 494, Dolgellau to Bala Road, at Llanwchllyn at the south west end of Bala Lake, on to the B4403. The car park is about 2 miles on the left, the little train car park.

## Watercolours

The meeting on May 3<sup>rd</sup> will be untutored.

The session on May 17<sup>th</sup> will be taken by Valerie Land. The topic will be 'Working with the Right Side of the Brain'. The focus will be on drawing skills.

## Writing

On May 6<sup>th</sup> the writing group will be visiting Hafod Mawddach (a residential care home in Barmouth) to read some of their own writing to the residents. The following session will be as normal in the Parlwr Bach.

## U3A Welsh Summer School

Swansea University 11<sup>th</sup>-13<sup>th</sup> July 2011

There are 7 courses on offer:

'Writing Short Stories and Poetry',

'Geology',

'Digital Story Telling',

'Four Aspects of History –Art, Social, Design and Modern',

'Mathematical Modelling using Excel',

'Tracing the Development of Classical Music and Jazz' and

'Climate Change and Environment'.

This is a residential school with options for day attendance at reduced rates. The cost for the whole summer school is £225.

It is not possible to give all the details here. If you would like further information, please phone Evelyn 01341 250 428 or Sylvia 01341 247 450.

The official closing date for bookings is 30<sup>th</sup> April, so if you are thinking of going you need to apply soon.

**The Groups Co-ordinator** is Sylvia Vannelli

Tel: 01341 247 450

## **Did you know about U3As ??**

Did you know that there are more than a quarter of a million members, of seven hundred and ninety eight local U3As , throughout the UK?

These numbers are expected to rise phenomenally in the next few years. By 2014 there are likely to be around half a million U3A members in the UK. The typical size for a local U3A is 250 members but it can be as small as 12 or as large as 2000 or more.

The U3A movement, as we know it, started in England after the Second World War and now has branches in many countries around the world. The USA, Canada, Australia and New Zealand, all have large and well established U3A networks. The U3A in Sydney Australia has 5000 members divided into seven regions.

In spite of the fact that each country's U3A have been adapted to suit local circumstances, (Australia, because of its huge land area, makes extensive use of the internet) the core principles, aims and objectives, groups structures and topics covered remains remarkably similar worldwide.

In addition to the English speaking block of countries, there are dozens of countries around the world with U3As. Among them are Argentina, Norway, Russia (Siberia), Slovakia, Serbia, India and Malta. Some are relatively small though well established and others have newly emerging groups.

**Well, now you do !!**

Note from George. I emailed the Auckland U3A when in New Zealand, but got no response!

# Groups Contacts and Meetings

## Badminton

Leisure Centre, Barmouth  
Fridays 2.00 – 4.00pm  
Contact Wendy Bramley  
01341 242 706

## Book Reading

'Pedair Derwen', Dyffryn Ardudwy  
1<sup>st</sup> Wednesday 2.00 – 4.00pm  
Contact Rachel Cleaver  
01341 247 698

## Bridge

Parlwr Bach, Dragon Theatre, Barmouth  
Alternate Fridays 2.00 – 5.00pm  
Contact George Mandow  
01341 422 946

## Lunch

Coleg, Dolgellau  
3<sup>rd</sup> Thursday 12.30pm  
Contact Marie Thomas up to 11<sup>th</sup> May  
01341 247 247  
Contact Patricia Percival after 11<sup>th</sup> May  
01341 280 225

## Introduction to Family History

Old Library, Harlech  
2<sup>nd</sup> Monday 2.00 – 4.00pm  
Contact Irene Doody  
01766 781 021

## Scrabble

For venue days and times:-  
Contact Marie Thomas, 01341 247 247  
Or, John Maitland, 01341 280 612

## Singing for Fun

Parlwr Bach, Dragon Theatre, Barmouth  
3<sup>rd</sup> Wednesday 2.00 – 4.00pm  
Contact Evelyn Richardson  
01341 250 428

## Social Bridge

Parlwr Bach, Dragon Theatre, Barmouth  
Wednesdays 6.00 – 9.00pm  
Contact Christina Cook  
01341 280 374

## Strollers

Forest Garden and river walk  
2<sup>nd</sup> Tuesday 10.30am start  
Contact Patricia Percival  
01341 280 225

## Walking

Views of Bala Lake and a mini adventure  
Monday 23<sup>rd</sup>  
Contact George Mandow  
01341 422 946

## Waterclours

Parlwr Bach, Dragon Theatre, Barmouth  
Alternate Tuesdays 1.00 – 4.00pm  
Contact Valerie Smedley  
01341 247 009

## Writing

Hafod Mawddach, May 6<sup>th</sup>  
Parlwr Bach, Dragon Theatre, May 20<sup>th</sup>  
2.00 - 4.00pm  
Contact Norma Stockford  
01341 280 742

**May 11<sup>th</sup> at 1.30pm**

**Barmouth U3A**

**Annual General Meeting**

Followed by

Wine, cake etc

and

**Barmouth U3A Writing Group**

Reading their own work



THE UNIVERSITY OF THE THIRD AGE



## May Diary Dates

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>2</b>	<b>3</b>	<b>4</b> Book Reading Social Bridge	<b>5</b>	<b>6</b> Badminton Writing Scrabble	<b>7</b> <b><u>New Group</u></b>  <b>Music Appreciation</b>
<b>9</b> Introduction to Family History	<b>10</b> Strollers	<b>11</b> <b><u>Annual General Meeting</u></b> Monthly Gathering Social Bridge	<b>12</b>	<b>13</b> Badminton Bridge Scrabble	
<b>16</b>	<b>17</b>	<b>18</b> Singing for Fun Social Bridge	<b>19</b> Lunch	<b>20</b> Badminton Writing Scrabble	
<b>23</b> Walking	<b>24</b>	<b>25</b> Social Bridge	<b>26</b>	<b>27</b> Badminton Bridge Scrabble	
<b>30</b>	<b>31</b>				